



Spring 2022

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HELP IN SUFFERING

For helping suffering animals and all living things

To hope & better times!



In March, we were back on the streets, like every year for 25 years, surveying Pink City's dogs to monitor the efficacy of our ABC Programme so that it continues to control the street dog population and rabies transmission in the city

We have turned 42!



While our annual day was celebratory for the hard-working team and our band of loyal friends and supporters, it was also one for introspection and renewal of the pledge to 'help suffering animals and all living things' made in 1980 by our doughty founder, **Crystal Rogers**

As we completed 42 years of service to animals in Jaipur on 20 March, the team, volunteers and supporters gathered in the verdant campus for a celebratory lunch a few days later on 24 March and a well-deserved pat on our collective backs!

And why not? HIS has sterilized as many as 80,000 dogs in the last 27 years, effectively controlling the stray dog population in Jaipur and making it near rabies free for over a decade. Our Animal Birth Control (ABC) programme is considered **best** in India and third-best in the world.

Today, the shelter and hospital have wards for Quarantine, Isolation, Dermatitis, Intensive Care, Bovine, Equine, and general medicine as well as the more recently constructed Cattery and Foster Room for the young. This is in addition to our Camel Rescue Centre in Bassi since 2013 to treat and rehabilitate working camels and equines.

Dealing with such a large number of animals



with limited on-ground staff and vets is a challenge but every effort is made to mitigate the suffering of the animals. And to help this along further, HIS is now all set to get its very own state-of-the-art diagnostic centre on the campus this year.

How is that for making every day of the last 42 years count!

HIS is listed on Amazon now!
Go on, what are you waiting for? Order! Look for our products under "HIS Merchandise"

Providing quality veterinary care to all animals in and around Jaipur.

Our new Diagnostic and Rescue Centre is now under construction!

Being constructed at the entrance to the lush, green HIS campus, the Animal Diagnostic and Rescue Centre is the result of many intense deliberations with our passionate Managing Trustee Timmie Kumar along with our experienced vets.

The building promises to be environment and animal-friendly, and will house the Rescue areas on the one side and Diagnostic facilities of Sonography, X-ray and Laboratory on the other through a double height entrance way negotiated via a ramp.

But that's all we are giving away for the present as you get a sense of the hectic activity via the pictures! Watch this space for more news on our Diagnostic and Rescue Centre.



Our Christmas appeal for a new monkey cage

has paid off handsomely! People have come forward in the last three months generously helping us come close to our ask of ₹ 5 lakh. Here's hoping they will inspire those of you reading this to help us reach our goal soon!



DONOR	CONTRIBUTION
Anant Kumar	51,000
Behroz Singh	21,000
Dr. Sumit Sharma	25,000
Jackie Wigh	26,215
Federico Spinola	1,48,243
Ranjan Patwardhan	50,000
Sparsh Natani	25,000
Sheuli Sethi	1,00,000
Vrinda Agarwal	10,000
Total	4,56,458

TRANSITIONS Three hellos and a farewell

Colonel (retd.) Hemant Singh Rajawat, an Infantry officer in the Indian Army, joined HIS as Director Administration on 17 January. He retired from the 16th Battalion of the Punjab Regiment in December 2020 and after a year of rest and relaxation is raring to help us in operations and management of HIS.

An avid reader, a keen sportsman and a diehard animal lover, we are very excited to have him on board and look forward to him strengthening systems at the shelter and hospital.

We are happy to have on board, two new vets, **Dr. Ajay Kumar** and **Dr. Sunil Kumar Prajapat**. Dr. Ajay, M.V.Sc in Veterinary Microbiology, did his research E. Coli strain in diarrheagenic dogs, which is responsible for antibiotic resistance detected using PCR.

Dr. Sunil is freshly graduated with a B.V.Sc from College of Veterinary and Animal Science, Udaipur. Over the years, HIS has trained many young vets and we are excited to have him on board in his first job.

We welcome them both into the fold of Team HIS.



General Surat Sandhu cuts a cake at Col. Hemant Rajawat's welcome tea as Nirmal Jain and Colonel look on



Dr. Ajay Kumar Dr. Sunil Prajapat Dr. Sameeraj

Dr. Sameeraj Vijayraj, a graduate from the Nagpur Veterinary College joined us on 3 March 2020, just as Covid-19 was knocking on our doors. An eventful and busy year-and-a-half later, Dr. Sameeraj left us to seek better prospects in Delhi.

During his stint with us, he looked after Parvovirus,

distemper, paralysis and accident cases in dogs. He also assisted senior surgeons in many complicated surgeries.

A supportive, dependable and honest vet surgeon, Sameeraj will be missed by all for his warm and easy disposition. We wish you all the luck in your new role, Sameeraj!

Surveying Pink City's dogs

The surveys help us identify where more concentrated ABC work needs to be done in order that the programme continues to control the street dog population and rabies transmission in the city

As per our tradition since 1997, our ABC team, led by Dr. Sanjay Singh, was back on the streets of Jaipur in March to survey street dogs. This latest survey in a series dating 25 years now was undertaken to monitor the effects of our ABC Programme. The survey takes place from dawn every day for 6 days, and each day's survey takes 1-2 hours walking through the streets counting street dogs.



Our ABC team found this 3-month old pup with a huge maggot-infested wound on its head. Ten weeks on,

Kaali now has a new lease on life



Early in the puppy season, our ABC team, while on their routine morning dog-catching expedition, saw and caught a young pup of about 3-4 months, which had a large maggot-filled wound on its face. Maggots are a very big problem in untreated wounds especially after the Monsoon.

Our ABC team brought the puppy back to the ABC kennels. In addition to the extensive wound on its head, the pup was not in very good condition, thin and with a starey coat. The team debated whether to put the pup to sleep because of its condition, but they decided to try to save the pup, now dubbed Kaali.

ABC compounder Vijay set to work removing all the maggots from the wound and to clean away the pus and dead tissue. Every day for weeks, Vijay cleaned the wound and ensured Kaali was improving. Slowly, the wound filled in and new skin formed.

After about 10 weeks of daily dressing and veterinary care,

Kaali's wound healed and general condition improved. But the wound has left Kaali with a very droopy eyelid, which risks damaging the eye itself. The ABC team, led by Dr. Sanjay Singh, hopes to undertake delicate plastic surgery to correct this eyelid.

Kaali is now living at HIS awaiting being adopted by someone.

1,093 the total number of dogs surveyed

64.7% of total street dogs are vaccinated

74.7% of male dogs are vaccinated

7.2% of street bitches are spayed

8.8% of street canine population are pups



2,821 street dogs were sterilized in 2020-21, of which 74% were bitches. 3,397 street dogs vaccinated for rabies.

Treating a 12-inch laceration

She was rescued from city streets with a long gash on her underbelly



The HIS ambulance team recently rescued a street bitch with a very long cut to her belly. Although we do not know what caused the cut, it was around 12 inches (30 cms) long. From the laceration's appearance it had been done some days previously to the dog being rescued by HIS.

The dog was immediately given antibiotics and pain relief medication and taken to surgery. Although the repair was technically simple because the wound was already some days old it had to be debrided (cleaned and freshened) before it could

be repaired. The length of the laceration meant the surgery took a long time, but at the end of the operation the wound had been closed neatly.

The bitch received daily treatment and dressing to prevent any infection, and endured an Elizabethan collar to prevent her damaging the repair by licking at it. Following the thorough debridement and the daily care by HIS vets and compounders, she healed quickly and after a few weeks in our kennels we were able to release her back into her home on the streets of Jaipur.

Extension visit to Jammu

Our ABC team visited Jammu at the invitation of SAVE to demonstrate humane catching and sterilization to Army personnel



For many years, HIS has promoted humane street dog and rabies control through the ABC Extension Project. While the funding for this Project ceased some years ago, we have tried to continue to help groups with which we were previously connected. Recently, a team from the ABC Programme visited Jammu at the invitation of one such group, SAVE, run by Mrs. Rumpy Madaan, a prominent local animal welfarist in Jammu.

The team led by Dr. Sanjay and comprising HIS Compounders Shyam Lal, Sanjay-1, and Anil travelled to Jammu for the 2-week camp on 28 February.

The team was first based at the Army cantonment in Nagrota where they caught street dogs and demonstrated humane catch-

ing and surgery to Army personnel; sterilizing 40 dogs here.

Our team then moved to Samba and then on to Udhampur, both in Jammu, where SAVE wanted to show the local people the effectiveness of humane dog control. The team performed 98 sterilization surgeries in these towns. Rumpy Madaan had arranged lots of publicity for the work of our team including a long TV interview where she and Dr. Sanjay explained ABC work

In all, 138 dogs were sterilized, and two catching sacks left with SAVE to help their work. The work was challenging and stressful but we hope our team have sowed the seeds for more humane dog control in Jammu.



Staph in rescued langurs



This potentially fatal zoonotic disease among the monkey troop was a cause of serious concern, but following a careful protocol helped our team save many of the langurs!

A number of langurs (*Semnopithecus entellus*) have recently been rescued and come into our shelter. These all had severe mite infestation with

dermatitis and crust formation of fore and hind legs and belly, and were dull, depressed, emaciated, and dehydrated when they came to us.

Dr. Pramod started the diagnosis microscopically and found sarcoptic (mange) mites and also sent a sample for microbial examination, which revealed the presence of *Staphylococcus* spp. This mite infestation is highly contagious and a zoonotic disease. After diagnosing the problem, our vet surgeon created a

basic treatment protocol for this potentially fatal disease. This approach allowed us to cure a number of the monkeys; sadly, some of them died due to the severity of disease and their disability.

After his research, Dr. Pramod also visited the area where troops of monkeys are found with this disease. He was able to provide relief by giving oral medication for them to a local resident who fed the monkeys, which resulted in some langurs being cured.

Facial wound in macaque

It was a complicated surgery, but we managed to repair the broken leg

The HIS Rescue Team rescued a large male Rhesus macaque monkey, which had a large facial wound, probably from territorial fighting. As soon as the monkey reached the HIS hospital, Dr. Pramod anaesthetised the monkey so he could examine the wound carefully.

The wound had exposed some of the skull bones near the eye and had maggots. It was cleaned and debrided, and the monkey given pain relief. Regular cleaning and dressing of the wound followed. Adult macaques, especially males, are aggressive, intelligent animals and their treatment requires skill and courage.

Slowly the wound healed and after some weeks of treatment in our hospital, our team was able to release the monkey back into its troop in the city.



Our Rescue Service saves and treats over 5,000 sick or suffering animals each year, including dogs, cats, cattle, monkeys, birds, donkeys, camels, pigs, and all suffering creatures.

Laceration in street dog



This street dog was rescued with a deep long laceration, which was bleeding heavily. Dr. Pramod anaesthetised the dog and after careful cleaning of the wound sutured the wound. The laceration healed without any problems and after 10 days Dr. Pramod was able to remove the sutures and the dog was released back into its habitat.

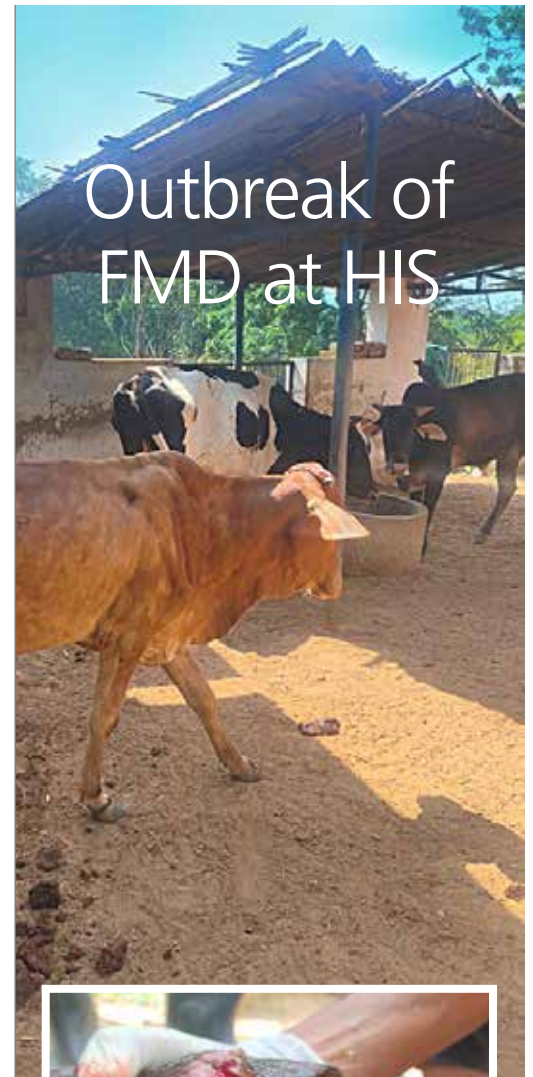
Deep laceration in working mare

The owner chose to bring her to HIS all the way from his village because he knew of our vets' reputation

The HIS team has a reputation that extends beyond Jaipur city. Recently, a villager brought his mare to HIS in a truck. She was used as a wedding mare in the village, but had accidentally run onto an iron stake causing a large laceration on her lower neck. Despite his village having a government vet posted there the owner knew of the reputation of HIS vets and brought his mare to us.

Veterinary surgeon Dr. Pramod Boyal attended the horse, which had a reasonably fresh but very long (about 30 cm or 12 inch) full thickness skin laceration caused by the fence post and wire. Treatment was begun immediately with the mare receiving anti-tetanus vaccine, antibiotics and pain relievers. She was then sedated so the wound could first be thoroughly cleaned, debrided and then sutured. Working carefully, Dr. Pramod was able to reconstruct the damaged tissues successfully.

Once the wound was repaired and the mare recovered from sedation the owner took her back to his village. Dr. Pramod sent instructions to the local government vet for her further treatment.



Outbreak of FMD at HIS



The HIS Rescue Team recently rescued a bull with lameness and anorexia. He was treated symptomatically, but after 3-4 days, his symptoms developed — he began drooling excessively, and developed ulcers of the oral mucosa and a shifting lameness on all legs; he had maggots and sloughing ulcers on his forelegs.

The bull was diagnosed to have Foot and Mouth Disease (FMD). This highly contagious disease in cloven-footed animals is endemic in India and the government veterinary service vaccinates all cattle in Rajasthan against FMD in order to control the disease. We immediately isolated all the cloven-hooved animals at HIS and gave them supportive treatment. Fortunately, all have made a complete recovery and been left immune from the disease.

Multiple fracture in rescued monkey

It was a complicated surgery, but we managed to repair the broken leg

A langur monkey was rescued by the HIS Rescue Service because it was lame in a hind leg. On arrival at the HIS Hospital, Dr Pramod Boyal, who treats most rescue cases diagnosed multiple fractures of the femur. He immediately sent the monkey for x-ray, which showed a complicated fracture. The x-ray also showed the monkey had previously been shot with an air-gun.

Dr. Pramod then embarked on a long and complicated surgery to repair the fracture. The monkey remained at the HIS Hospital receiving treatment including



pain relief until a further x-ray showed that the bone had healed satisfactorily. It was released back into the jungle near Jaipur whence it had come.

The HIS team diagnoses many fractures in street and pet animals. We hope very much to improve our orthopaedic capa-



bility to better treat these. With donation from supporters at HIS (UK), our sister support charity in the UK, and elsewhere, HIS Trustees are building a new diagnostic suite, which will include a modern, digital x-ray machine. This will allow us to better diagnose orthopaedic



(and other) problems. However, improving our orthopaedic capability will also require additional training of the team and more surgical equipment. If you would like to help support this training and equipment, please contact Nirmal Jain (nirmal@his-india.in).

Jaisalmer Camp 2022

A highlight of our Camel Project Extension Programme, our February camel treatment camp in the desert was a resounding success for the 8th year

The people of Jaisalmer use camels to entertain tourists and earn their livelihood. But because this is a remote area, good veterinary facilities for the camels are hard to come by. So, in keeping with our practice of the last 7 years, HIS organized a camel treatment camp for poor camel owners on the sand dunes of Jaisalmer in the last week of the February 2022.

With the camel owners already informed of the camp through pamphlets, newspapers and by loudspeaker announcements, owners began gathering with large numbers of camels early on in the morning of camp day. After the camp had been inaugurated formally, our team treated camels with many ailments, such as lameness, mange, diarrhoea, colic, impaction, trypanosomiasis, urinary and respiratory problems, and various types of wounds, etc.



Total treatment	246
Deworming	96
Emergency cases attended	6
Surgeries	5
Nose pegs distributed	184
Educative leaflets distributed	165
Community training	1

Our team:
 Vets: **Dr. Abhinav Swami, Dr. Jitendar Jhingonia.**
 Veterinary compounders: **Rajendar, Vimal, Dharamraj**

1. Our team at work
2. Dr. Jitendar surgically repairing a torn ear (bitten by another camel)
3. Removal of wart like growth on thigh by Dr. Abhinav Swami
4. A mangey camel with its owner
5. Camels waiting for their turn
6. Our whole team with educational posters

7,700 camels treated, 480 outdoor visits, 212 emergencies, and 368 carts fitted with reflectors in 2020-21.

Two routine cases and a bucketload of satisfaction

It is in the treatment of a multitude of routine cases that our Camel Team is able to make a huge difference to the lives of poor owners of working camels

Abscess on chest pad

On our way to Chomu near Jaipur, one day, camel owner Mahaveer called us requesting us to stop by his place. His camel had been unable to sit comfortably for some days, he said, and was off its food.

When we stopped by, we found that the camel had an abscess on his chest pad, so Dr. Abhinav Swami decided to open and clean the abscess surgically. After the abscess was cleaned, a large volume of pus was drained out, and appropriate antibiotics and painkillers were administered.

We advised the owner to clean the wound regularly and keep the camel on soft ground. A beaming Mahaveer was happy his poor animal was greatly relieved of its pain.

Sudama's camel

On one of our Thursday field visits to Pushkar, camel owner Sudama brought his camel to us complaining that it was passing very scanty faeces. While being examined, it suddenly displayed symptoms of abdominal colic and lay writhing on the ground. It was a case of impactive colic.

We gave it an appropriate pain reliever along with purgatives, etc. Once it was slightly better, Sudama took it home. The next day, he called to say that the camel had passed stool and was once again eating properly.



Camel cured of uterine infection



Timely and effective treatment saved it from a much worse fate

One day, our CRC Bassi Team received an emergency call to attend to a sick camel in a village nearby. The team reached there as soon as possible to find a female camel with a case of uterine infection. It had birthed 6 days earlier, the owner told us, and had been bleeding from the genital organs post-delivery.

We started treatment immediately. Dr. Jitendra Jhingonia removed all the placental debris from uterus, which was the cause of the infection that had made the camel so sick. We administered antibiotics and painkillers and dressed the birth canal with medication. Within a couple of days, the camel was on the road to recovery and a relieved and happy owner was grateful to HIS for coming to his rescue.

Mammary tumour in *desi* pet



Our intrepid vets removed a 1.7 kg pendulous mass on its belly

One of the challenges the HIS vet teams face is that they often see cases that are very advanced. In the Dispensary recently, Dr. Mayank was presented with a *desi* (native) dog pet dog with a very large pendulous growth on its belly.

After examination, Dr. Mayank knew this to be a mammary tumour, but one of unusual size. The only treatment available was surgical removal under anaesthesia. Accordingly, the dog was admitted to the HIS hospital.

Assisted by Dr. Pramod Boyal, Dr. Mayank began the difficult surgical work of removing such a large mass, which often has a substantial blood supply. After a long operation and a large incision, the tumour was successfully removed surgically and the wound sutured. The tumour was found to weigh 1.7 kg (3lb 12oz)!

The dog is currently recovering and as mammary tumours in dogs are different to those in humans, the dog should make an uneventful recovery and suffer no further problems of this sort.

Dystocia in cat

Our team performed a rare surgery on a pet cat in a very difficult labour

HIS veterinary surgeon, Dr. Mayank Sharma recently treated a rare case. A female cat (queen) was presented in labour, which was proving difficult for her. Sadly, one kitten had got stuck and would not come out. Due to the size of queens (unspayed females), such problems are challenging to treat and can be life-threatening. Dr. Mayank decided to operate. Once the queen had been prepped for surgery, Dr. Mayank, assisted by compounder Vijay, performed an operation during which the kittens were found to have died due to the difficulties the queen had had. To ensure her life was never again threatened by such difficulties, and to prevent more un-



wanted kittens being born, our team removed the cat's uterus. The queen had an

uneventful recovery from her birthing difficulties and subsequent surgery.

Pyometra in cocker spaniel

Pyometra is a life-threatening condition of entire bitches and its prevention is one of the main reasons that all bitches should be surgically sterilised. Typically, middle-aged bitches develop the condition often 6-8 weeks after being in season (oestrus). Because of changes that occur in the canine womb at this time, it is common for the womb to fill with pus. This can make the dog very unwell, and may be fatal. Bitches may be seen with a purulent discharge from the vulva, and will often be vomiting, toxic and lethargic.

Such cases are common in bitches that have not been spayed and one such was recently seen and diagnosed in the HIS Dispensary. There is only one satisfactory, successful



treatment and that is to spay the bitch. Spaying a bitch with pyometra is riskier for it and more challenging for the veterinary surgeon.

Having diagnosed pyometra in a supporter's cocker

spaniel, the HIS team rushed the dog to surgery and Drs. Sanjay and Mayank removed the diseased, pus-filled and troublesome organs during a spay operation that was far from routine. The bitch has gone on to make an uneventful recovery.

We strongly advise owners and carers of bitches to ensure their dogs are spayed. Not only does this prevent the life-threatening pyometra developing but it also ensures the bitch has no unwanted and unexpected puppies.



Dear Friends and Supporters,

This year we completed 42 years of service to animals in Jaipur. But none of this would have been possible without your friendship, compassion and your kind and generous donations. In spite of Covid-19 you have all stood by us, enabling Help in Suffering to continue working for these gorgeous, voiceless animals.

Serving the animals of Jaipur during the pandemic has been an uphill task that has been made a bit easier with the tireless work by our **vets, managers and support staff** as well as our dedicated volunteers and friends.

A special thank you is due to our **Board of Trustees** and **General Surat Sandhu**, the Chair of Advisory Board, for his time and guidance through this trying last year.

As we send out our Spring Newsletter to you all, I wish to thank our most valuable donors **Animaux Secours, Dogs Trust Worldwide, Animal Aid Abroad, Animals Australia, Aspi Rusi Sattha, Back Office IT solutions Pvt. Ltd., D.R. Mehta, ELSU Foundation, Help in Suffering (UK), Hotel Clarks Amer, Jaipur, Kindness Trust, Mangalam Arts, Marchig Animal Welfare Trust, Mary Holt, Australia, Preeti Seth, SPANA, State Bank of India, Tilak Marg, Jaipur, Samar and Ravi Jain, and Working for Animals Inc., Australia.**

Thank you for the faith you continue to show in Help in Suffering and the work we do. We are because you are!

In profound gratitude,
Timmie Kumar,
Managing Trustee



A special thank you goes out to passionate animal lover **Juhi Shah**, who has been a friend and supporter for many years. Juhi and her team write and design all the content for our newsletters and annual reports. My entire team at HIS joins me in thanking her.

Our supporters

HIS operations and Rescue Project are supported by **Animaux Secours** (France), **Help in Suffering** (UK), **Working for Animals Inc.** (Australia), **Animal Protection Network** (Sweden), **Animal Australia** (Australia), **Kindness Trust** (Australia) and other Indian and overseas organizations and individuals.

ABC Project is supported by **Dogs Trust Worldwide** (UK).

Camel Project, Jaipur is supported by **Marchig Animal Welfare Trust** (Scotland), **SPANA** (UK and Australia), **Susanna Wachtl** (ELSU, Switzerland) **Animal Aid Abroad Inc.** (Australia), **Aspi Rusi Sattha**.

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- Treating, sheltering & feeding Jaipur's homeless animals
- Keeping the city rabies free

Every rupee counts. Can we count on you?

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at any of the addresses listed on page 11

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For bank details to make a donation, please turn to page 11.

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